



## Important Differences Between Colds and the Flu

| <b>WITH A COLD:</b>                                | <b>WITH THE FLU:</b>   |
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| You almost never have a fever                      | You have a fever   |
| You feel stuffiness in your head.                  | Your entire body feels sick  |
| You feel a little sick.                            | You feel very sick   |
| You can have a cold any time of year.              | Seasonal flu starts in early winter and continuing through early spring. Flu pandemics don't have a particular season. |
| There is no shot to protect you                    | You can get a shot to protect yourself   |
| There are no prescription medicines to treat colds | There are prescription medicines to treat the flu  |