



Amvet Alligators

Dear Parents:

The National Dairy Council® (NDC) and the National Football League (NFL) — in collaboration with the U.S. Department of Agriculture (USDA) — are making a long-term commitment to America's youth with a school-based nutrition and fitness initiative called Fuel Up to Play 60.

The initiative gets students involved in creating a healthier school environment that promotes student health, learning and achievement. Through Fuel Up to Play 60, students will pledge to choose more nutritious foods (including low-fat and fat-free dairy foods, fruits, vegetables and whole grains), get 60 minutes of physical activity every day, and encourage their friends, family and their entire school to join them — and have fun too!

The initiative calls on students and adults at school and home to work together for a school year of positive, healthy growth through Fuel Up to Play 60! Please visit FuelUpToPlay60.com and sign up today- and write in Amvet Alligators when you enter an activity! It's as easy as that!

For questions, please contact Chelley Martinka at michelle.martinka@gmail.com!

Sincerely,

Amvet PTO