

## Physical Education Make Up Work

All absences, or days unable to participate in PE, must be made up (excused or unexcused). Students can choose from the following:

- Parent/guardian verification of 30-45 minutes of physical activity  
(*ie: bike riding, rollerblading, running, swimming, exercise video, etc.*)
- Parent/guardian verification of an extra curricular sport activity  
(*ie: football, soccer, tennis, basketball, etc.*)

\_\_\_\_\_  
student name

\_\_\_\_\_  
PE period

\_\_\_\_\_  
activity/sport

\_\_\_\_\_  
parent signature

*NOTE: make up slip must be turned in to receive credit*