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North Attleboro High  
**JANUARY 2019**  
  
  
*Feeding Healthy Futures*

Serving Local Farm Fresh Produce: **Ward's Berry Farm**  
**Meal Pricing**  
 Breakfast \$1.75 (Reduced Price \$0.30)  
 Lunch \$3.00 (Reduced Price \$0.40)  
 A la carte Milk \$0.50 Smart Snacks \$0.75-\$1.75  
 Lunch includes a choice of Low Fat, Skim or Nonfat Chocolate Milk! Make Checks Payable to: NA Food Service  
 Menu subject to change - Equal opportunity provider



Monday	Tuesday	Wednesday	Thursday	Friday
 <b>Feeding Healthy Futures</b>		<b>Oven Fresh Pan Pizza</b> Fresh Side Salad Fresh Apples Assorted Fruit Variety	<b>Fresh Chicken Fajitas</b> Cilantro Lime Rice Picante Corn Salsa Black Bean Salad Sour Cream & Salsa Fresh Fruit Variety	<b>Buffalo Chicken Stromboli</b> w/ Blue Cheese Dressing Tomato Cucumber Salad Fresh Grapes
	<b>Tender Tuesday BBQ, Buffalo or Teriyaki</b> Oven Roasted Potatoes Honey Wheat Dinner Roll Pea & Carrot Medley Fresh Fruit Variety	<b>Oven Fresh Pan Pizza</b> King Caesar Side Salad Orange & Kiwi Wedges Assorted Fruit Variety 	<b>Build Your Own Nachos w/ Mexi-Style Rice</b> Mexican Full Toppings Bar Bean Salad <b>Ward's Berry Farm Local Apples</b>	<b>Grilled Chicken Parmesan Flatbread Sandwich</b> Side of Pasta with Sauce Strawberry, Spinach & Feta Salad Fresh Fruit Variety
<b>Max Cheese Sticks w/ Marinara Sauce</b> Mashed Potato Swirl Sugar Snap Peas & Carrots Fresh Apple Slices 	<b>Popcorn Chicken Bowl w/ Gravy &amp; Mashed Potatoes</b> Corn & Carrot Medley Fresh Pear	<b>Oven Fresh Pan Pizza or Mediterranean Flatbread with Hummus</b> Kale Caesar Salad Fresh Mandarin Oranges 	<b>Classic Burger Bar w/ Juicy Pickle Spear</b> Assorted Toppings Baked Beans Spicy Curly Fries Assorted Fruit Variety	<b>Beef &amp; Cheese Stromboli</b> w/ Marinara Sauce Fresh Side Salad Fresh Fruit Variety
 <b>Martin Luther King Jr. Day</b>	Professional Development Day 	<b>JOIN US FOR BREAKFAST!</b> Your choice of: Assorted Cereals, Bagel w/ cream cheese or jelly, Cinnamon Swirls, Zucchini or Banana Breakfast Bread, Egg Sandwiches, <b>Homemade Chocolate Chip Muffins</b> with Assorted Fruit, YOGURT PARFAITS, SMOOTHIES and 100% juice with your choice of nonfat chocolate, low fat or skim milk		
<b>Homemade Chicken Noodle Soup</b> <b>Pizza Grilled Cheese</b> Warm Carrots Assorted Fruit Variety	<b>Pasta &amp; Meatballs</b> <b>Texas Toast</b> Corn & Carrot Medley Fresh Side Salad Fresh Fruit Variety	<b>Oven Fresh Pan Pizza</b> Strawberry, Spinach & Feta Salad Fresh Grapefruit Wedges 	<b>Chinese Mandarin Chicken Noodles &amp; Fortune Cookie</b> Fresh Broccoli with Dip Warm Edamame Assorted Fruit Variety	<b>Check out the New Mac &amp; Cheese Bar</b> 

**ENTREES AVAILABLE DAILY:**  
**Grab n' Go STATION:** Fresh daily: Chicken Bacon Ranch Salad or Wrap, Buffalo Chicken Salad or Wrap & Chef Special  
**NEW Mac & Cheese Bar Station:** Homemade Mac & Cheese served with assorted toppings including Seasoned Beef, Buffalo Chicken, Peppers, Broccoli, Scallions, Diced Tomatoes, Jalapenos or Onions with Garlic Texas Toast  
**Hot off the Grill:** Spicy or Plain Crispy Chicken Sandwich, Cheeseburger, Jennie-O Hot Dog, Grilled Chicken Sandwich or Veggie Burger served with Crispy French fries  
**Pizza by the Slice:** Pizza made fresh daily, Cheese, Pepperoni or Specialty  
**Garden Fresh Salads/ Wraps:** Build-Your-Own Entrée Salad or Pita Pocket  
**Meatless Options:** Yogurt Parfaits & Smoothies w/ Graham Crackers or NEW Veggie Wraps  
 \*If you have a food allergy, please speak to the Kitchen Manager. \*Consuming raw or undercooked meat, poultry, seafood, shellfish or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions. \*Menu is subject to change, notice posted when available. If you have any questions or would like additional information regarding this menu, please contact the food service director Heather Baril, RD, SNS at 508-643-2130. This institution is an Equal Opportunity provider.

