



# Community School

## Title I Newsletter

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### What does it mean to be a Title I school?

Title 1 is a federal grant that was signed into law in 1965 and is now funded under the Every Student Succeeds Act of 2016. This program provides students at the elementary level with extra educational support beyond the general classroom program.

#### What are the goals?

- *Increase academic achievement.*
- *Provide direct instructional support to students.*
- *Provide professional development for teachers.*
- *Promote parent education and involvement.*
- *Decrease the teacher to student ratio*



[Jeffrey Sposato](#): Title I Director

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## Family Engagement in the Schools

Research has shown that meaningful family engagement positively impacts youth outcomes across various domains. Parental involvement in education has been extensively studied for decades with less attention paid to the degree of involvement in other systems. More recently, studies have focused on the purpose and roles of family engagement across key child and youth serving sectors. Advancements in brain science, the use of precise research methods, and the inclusivity of diverse populations are influencing family engagement strategies in education, child welfare, juvenile justice, health, mental health, and behavioral health systems.

Studies have shed light on the vital roles and functions that families of all backgrounds can perform to support their children's and youth's development and success. Ongoing research is essential in advancing the implementation, continuous improvement and adoption of family engagement practices. These practices can make a difference in the lives of children and youth across various service systems, and for diverse populations and communities. Studies show that strong family engagement is a necessary component in improving outcomes for children and youth.

(youth.gov)



What can parents and guardians do?

### **1. Participate at Your Child's School**

Get involved. Attend back-to-school nights and parent-teacher conferences, take a volunteer position the school offers, and get to know teachers and other parents.

### **2. Make Sure Homework Gets Done**

Check to see what your child's assignments are and that they are completing them. If you really need to help your child through their homework a little bit because they're not getting it, email the teacher and explain what the problem is. Any teacher will be happy to explain if it means helping a child succeed.

### **3. Make Sure Your Child is Ready to Learn When They Get to School**

Nutrition plays a key role in learning. As a parent or guardian, you need to make sure your child is getting enough sleep. Make sure they are well-nourished, hydrated, and head to school with the best possible attitude. Here's a few things you can do:

- Stick to a regular bedtime
- Cut off screen time an hour before bed
- Help kids put homework and books in their backpacks the night before
- Help kids lay out their clothes for the next day
- Give them a nutritious breakfast

### **4. Teach Your Child How to Put Stuff Where It Goes**

One of the most valuable skills kids will learn in school is organization. It may sound trivial, but organization is the bedrock for completing projects on time, putting things away where they go, and learning to live in a clean space

### **5. Teach Your Child Study Skills That Work**

- Designated study areas
- Knowing class expectations
- Having a study plan
- Positive attitude
- Willingness to learn

### **6. Make Sure Your Child Is At School On Time, Every Day**

Your kid can only learn if they are there, ready to listen, in good health.

### **7. Allow Your Child to Succeed or Fail on Their Own**

Kids need to fail and succeed, and doing something less than perfectly shows them they may have to try harder next time.

### **8. Practice Discipline, Respect, and Self-respect at Home**

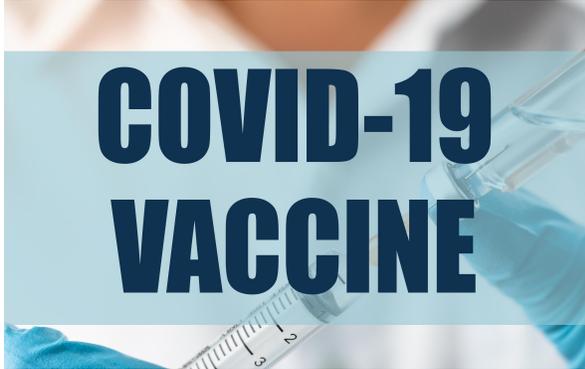
Parents should handle most of the disciplinary actions that affect their kids.

### **9. Know What Your Child is Studying At School**

If you don't know what your kid is studying, you can't connect with them about it.

### **10. Praise and Encourage Your Kids**

Positive reinforcement of the things they do right builds their confidence, helps them succeed, and allows them to navigate school and society with the knowledge that they can do better.



## Where can I get a Covid vaccine?

Everyone 5 years of age and older is now eligible to get a COVID-19 vaccination.

Everyone ages 18 and older should get a booster shot.

Additional information found [here](#).

As of January 31st the Covid testing protocols are changing. Please read the updates here: [North Attleboro Schools District Guidance](#)



## Resources:

### Food Pantries and Services

#### Food and Friends in Attleboro

Free Meals to Go. Pick up at 4 on Wednesdays at the First Baptist Church (75 Park St.) No ID required. Also serving meals at 95 Pine Street in Attleboro. Free bus transportation at the center of town in front of Big Red Pizza. Tell the driver you are going to "Food and Friends" and the ride is free.

**Lenore's Pantry:** 508.699.0104

**Project Bread:** 800.645.8333

**Salvation Army:** 508.226.8624

**Our Open Umbrella:** [fuelfortheweekendprogram@gmail.com](mailto:fuelfortheweekendprogram@gmail.com).

**Supplemental Nutrition Assistance Program (SNAP)** 866.950.3663

## Health

**North Attleboro Board of Health**  
508.699.0103

**Sturdy Memorial Hospital**  
508.222.5200

**Massachusetts Department of Public Health**  
617.624.6000

**MassHealth Customer Service**  
800.841.2900

## Special Needs/Developmental Disabilities

**Amego Inc**  
508.455.6200

**The ARC of Bristol County**  
508.226.1445

**North Attleborough Special Education Parent Advisory Council  
(NASEPAC)** [nasepac@gmail.com](mailto:nasepac@gmail.com)

## Other Resources

**Missy Badger**  
North Attleboro Schools  
Nurse Leader  
508.643.2130  
ex.2040

**Joan Badger**  
Human Service Coordinator  
508.699.0104

**Richards Memorial Library**  
118 North Washington Street  
508.699.0122

**Ann Marie Fleming**  
Public Health Nurse  
508.699.0104