



Lunch include choice of Low Fat, Skim or Nonfat  
Chocolate Milk  
Breakfast \$1.50 (Reduced Price \$0.30)  
Lunch \$2.50 (Reduced Price \$0.40)



A la carte Milk \$0.50 Smart Snacks \$0.75-\$1.75

Make Checks Payable to: NA Food Service  
Menu subject to change - Equal opportunity provider

Make payments online at: Myschoolbucks.com



#NASchoolMeals

## HARVEST of the MONTH



Breakfast Available Daily at ALL SCHOOLS in North Attleboro!

Your choice of: **Assorted Cereals, Bagel w/ cream cheese or jelly, Sweet Potato Swirls, NEW Zucchini or Banana Breakfast Bread, Blueberry Muffin or Chocolate Chip Muffin** with Assorted Fruit, **MINI YOGURT PARFAITS** and 100% juice with your choice of nonfat chocolate, low fat or skim milk

## Monday

**Chicken Nuggets w/ Honey Wheat Dinner Roll** **2**  
Cereal Fun Lunch  
**Grilled Chicken & Cheese** on a Bun PB&J  
Healthy Sides: Fresh Pear, Cucumber Tomato Mozzarella Salad & Mashed Potatoes

Columbus Day **9**  
No School  
  
**Feeding Healthy Futures**

**Macaroni & Cheese w/ Ham** **16**  
Cereal Fun Lunch  
**Grilled Chicken & Cheese** on a Bun PB&J  
Healthy Sides: Fresh Pears, Tomato & Zucchini Cup, Fresh Steamed Broccoli  
**Free Cookie with Meal Purchase**

**Spaghetti & Meatballs w/ Cheese** **23**  
Cereal Fun Lunch  
**Grilled Chicken & Cheese** on a Bun PB&J  
Healthy Sides: **Strawberry Kiwi Frozen 100% Juice, Fresh Green Beans, Fresh Pears & Carrot Dippers**

**Mini Cheese Ravioli w/ Breadstick** **30**  
Cereal Fun Lunch  
**Grilled Chicken & Cheese** on a Bun PB&J  
Healthy Sides: Romaine & Spring Mix Side Salad, Zucchini & Squash Cups, **Fresh Cantaloupe**

## Tuesday

**Beef Nachos w/ Mex-Rice** **3**  
Power Pack w/ HB Egg, Cheese, Fresh Cantaloupe/Craisin Mix, Fresh Veggies & WG Pretzels  
Honey BBQ Rib Sandwich on a Roll PB&J  
Healthy Sides: Applesauce, Carrot Dippers & Caribbean Kidney Bean Salad

Professional Development Day **10**  
No School  
  
Power Pack Lunch

**Soft Beef Tacos w/ Mex-Rice** **17**  
Power Pack WG Goldfish Pretzels HB Egg & Cheese w/ Red Grapes & Cherry Tomatoes  
Honey BBQ Rib Sandwich on a Roll PB&J  
Healthy Sides: Applesauce, Carrot Dippers, Steamed Corn

**Goldfish Day! Grilled Cheese on Goldfish Bread w/ Goldfish Crackers** **24**  
Chicken Bacon Ranch Salad w/ WG Roll Honey BBQ Rib Sandwich on a Roll PB&J  
Healthy Sides: Tomato Soup, Broccoli w/ Dip & **Fresh Kiwi Slices**

**Happy Halloween! Pulled Pork Monster Sandwich w/ Sweet Potato Legs** **31**  
Creepy Ham & Cheese on Bun Uncrustable PB&J Spiders w/ Pretzel Legs  
Healthy Sides: **Jeebers Creepers Chicken Noodle Soup, Jack-o-Lantern Tangerines, Chillin-Bat Italian Ice, Fresh Green Bean Worms**

## Wednesday

**Papa Gino's Pizza** **4**  
Taco Salad w/ Tortilla Chips Power Pack w/ HB Egg, Cheese, Fresh Cantaloupe/Craisin Mix, Fresh Veggies & WG Animal Crackers PB&J  
Healthy Sides: Romaine & Spring Mix Side Salad, Veggie Dippers & Mixed Fruit  
**LUCKY TRAY DAY**

**Papa Gino's Pizza** **11**  
Cereal Fun Lunch  
**Grilled Chicken & Cheese** on a Bun PB&J  
Healthy Sides: Side Caesar Salad, Craisins, Veggie Dippers  
**HARVEST DELIVERY DAY!**

**Papa Gino's Pizza** **18**  
Power Pack w/ WG Goldfish Pretzels HB Egg & Cheese w/ Red Grapes & Cherry Tomatoes  
Bacon Cheeseburger or Hamburger PB&J  
Healthy Sides: Side Caesar Salad, **Fresh Plums, Veggie Dippers**

**Papa Gino's Pizza** **25**  
Chicken Bacon Ranch Salad w/ WG Roll Bacon Cheeseburger or Hamburger PB&J  
Healthy Sides: Romaine & Spring Mix Side Salad, Veggie Dippers & Diced Peaches



## Thursday

**Brunch for Lunch! Pancakes & Parfaits w/ Fresh Strawberries topped w/ Granola** **5**  
Taco Salad w/ Tortilla Chips Honey BBQ Rib Sandwich on a Roll PB&J  
Healthy Sides: Applesauce, Carrot Dippers & Bananas

**Brunch for Lunch! French Toast Sticks w/ Scrambled Eggs** **12**  
Chicken Caesar Salad w/ croutons WG Roll Honey BBQ Rib Sandwich on a Roll PB&J  
Healthy Sides: Baked Cinnamon Apples, Carrot Sticks w/ Dip & Fresh Bananas

**Teriyaki Beef w/ LoMein Noodles & Fortune Cookie** **19**  
WG Goldfish Pretzels, HB Egg & Cheese Power Pack w/ Red Grapes & Cherry Tomatoes  
Honey BBQ Rib Sandwich on a Roll PB&J  
Healthy Sides: Sweet & Salty Carrots, Fresh Apple, Cucumber Coins w/ Dip

**Sweet & Sour Popcorn Chicken Bites w/ Mandarin Oranges** **26**  
Chicken Bacon Ranch Salad w/ WG Roll Honey BBQ Rib Sandwich on a Roll PB&J  
Healthy Sides: Brown Rice, Corn & Fresh Apple & Mixed Fruit

## Friday

**Italian Meatball Sub w/ Marinara Sauce & Cheese** **6**  
Scooby Doo Power Pack Cheeseburger or Hamburger PB&J  
Healthy Sides: Fresh Broccoli Dippers, Frozen Peach cup, Oven Baked Fries

**Chicken Patty Sandwich** **13**  
Scooby Doo Power Pack Cheeseburger or Hamburger PB&J  
Healthy Sides: Oven Baked Sidewinder Fries, **Fresh Pineapple and Kiwi cups & Vegetarian Baked Beans**

**Cha-Cha Chicken Tenders & Waffles w/ Strawberry Sauce** **20**  
Scooby Doo Power Pack Bagel Fun Lunch PB&J  
**NEW**  
Healthy Sides: **Fresh Pineapple & Kiwi Cups, Cinnamon Apple Slices & Tator Tots**

**Hot Diggity Dog** **27**  
Scooby Doo Power Pack Cheeseburger or Hamburger PB&J  
Healthy Sides: Sliced Pears, Craisins, Boston Baked Beans, **Fresh Corn Cobettes**

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